Steps:

* You need your AMI to create a Launch Instance Template (check Doc on AMI)
* Have at least two Instances, then create a target group for ELB (Check Doc on ELB)
* Create a Load Balancer for the target groups
* Click on Autoscaling groups from the left pane below and click create
* Launch configuration (not editable once created) is similar to Launch Template (You can edit after creating). If you don’t have Launch config, provide settings professionally
* Once done scroll down and click on Activity to view the creation of instances, click Autoscaling to see the scaling process, Instance management part is for the admin to take quick actions on the instances
* Make sure you use EBS or EFS for safety of your data. Becos if an Instance is unhealthy it gets deleted and new instance gets created.